

**Results of the needs analysis carried out as part of the preparation of the ‘Become ECONfident’ project created by the association HEureka Generator, the Lithuanian organization TAVO Europa and the Romanian organization Evolution under the Key Action 2 of the European Erasmus + program.**

**The research was aimed at examining the needs of the local community in Romania.**



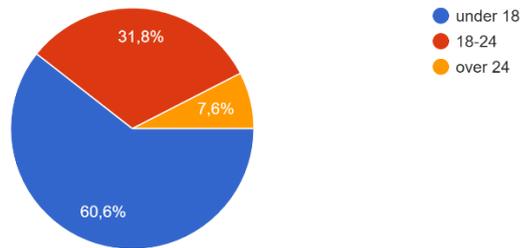
The survey was conducted on May 4 - 14, 2021. 67 young people from Romania took part in it.

A questionnaire was used as the research method. The first part of the survey contains demographic information. The second part of the survey includes questions related to self-presentation, self-confidence and public speaking.



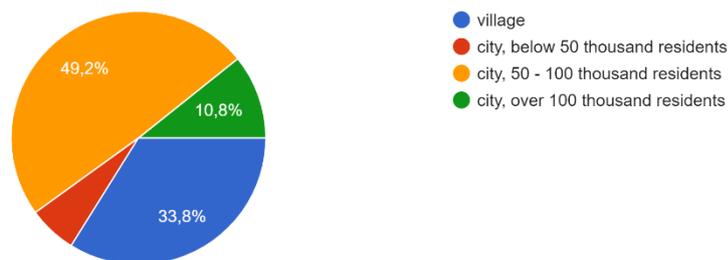
# 1. Demographic information

Age  
66 odpowiedzi



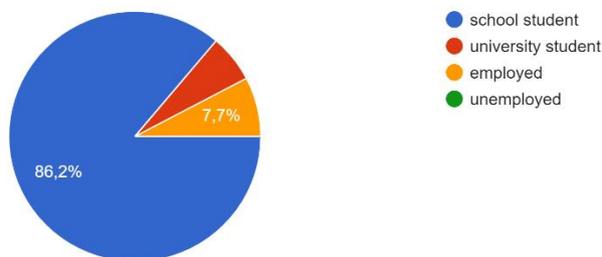
40 people under the age of 18, 21 people between 18 and 24, and 5 people over 24 took part in the survey.

Place of residence  
65 odpowiedzi



32 respondents indicated as their place of residence ‘city, 50 - 100 thousand residents’, 22 people indicated ‘village’, 7 people indicated ‘city, over 100,000 residents’, and 4 people ‘city, below 50 thousand residents’.

Professional situation  
65 odpowiedzi

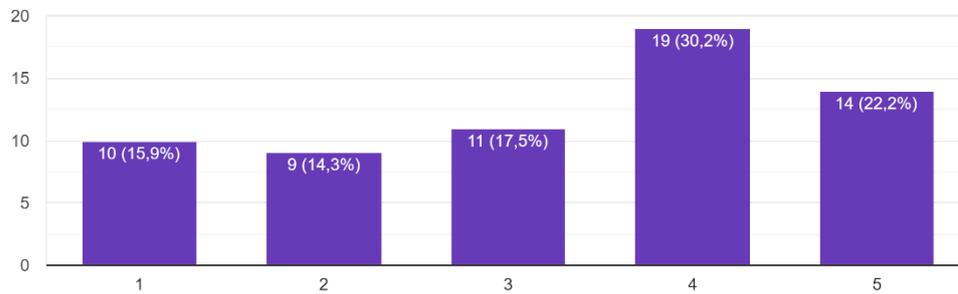


65 respondents answered the question about their professional situation. 56 of them are school students. 5 of the respondents are employed persons and 4 are university students.

## 2. Self-presentation, self-confidence and public speaking

How stressful is it for you to speak in front of a group?

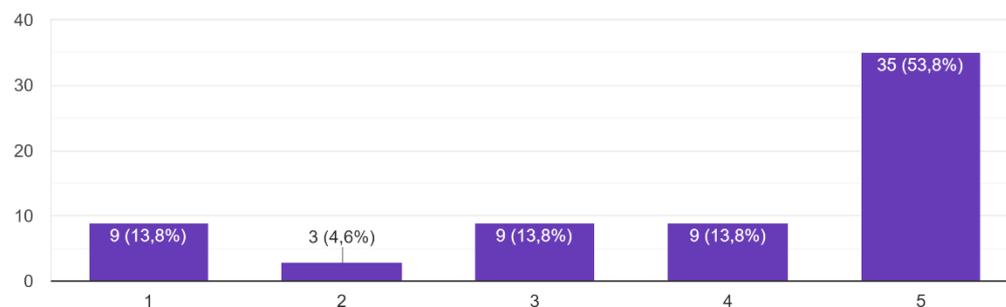
63 odpowiedzi



Respondents answered the question **‘How stressful is it for you to speak in front of a group?’** on a scale of 1 to 5, where one means ‘it is not stressful’ and five means ‘it is very stressful’. 10 respondents answered that speaking in front of the group is not stressful. 9 people rated the stress level at 2. 11 people rated the stress level at 3, and 19 people at 4. 14 people answered that speaking in front of a group is very stressful for them.

How stressful is it for you to speak in English?

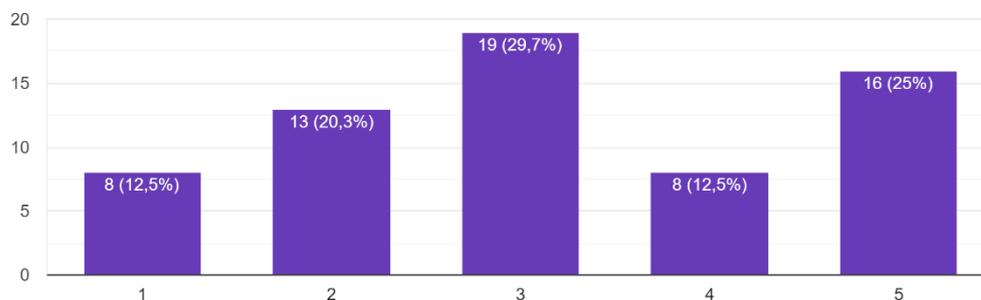
65 odpowiedzi



Respondents answered the question **‘How stressful is it for you to speak in English?’** on a scale of 1 to 5, where one means ‘it is not stressful’ and five means ‘it is very stressful’. 9 respondents answered that speaking in English is not stressful. 3 people rated the stress level at 2. 9 people rated the stress level at 3 and the same number at 4. Over 50% of people said that speaking in English is very stressful for them, assessing the stress level at 5.

Is it easy for you to formulate arguments in the discussion?

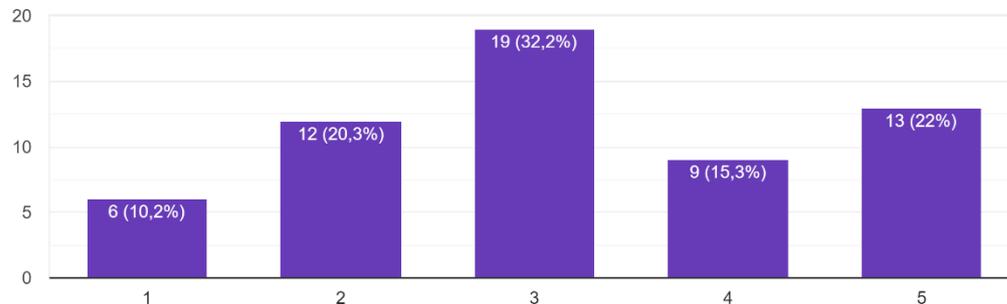
64 odpowiedzi



Respondents answered the question **‘Is it easy for you to formulate arguments in the discussion?’** on a scale of 1 to 5, where one means ‘very hard’ and five means ‘very easy’. 8 respondents found it very difficult to formulate arguments in the discussion. 13 people rated the ease of formulating arguments at 2. 19 people rated it as 3, and 8 at 4. 16 people answered that formulating arguments in the discussion was very easy.

Is it easy for you to present your position during group discussions?

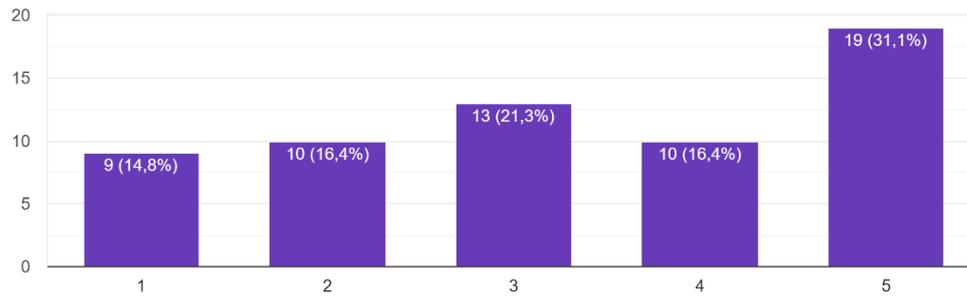
59 odpowiedzi



Respondents answered the question **‘Is it easy for you to present your position during group discussion?’** on a scale of 1 to 5, where one means ‘very hard’ and five means ‘very easy’. 6 respondents found it very difficult to present their position in the discussion. 12 people rated the ease of presenting their position at 2. 19 people rated it at 3, and 9 people at 4. 13 people replied that it is very easy to present their position during a group discussion.

Is it easy for you to find yourself in a new group?

61 odpowiedzi



Respondents answered the question **‘Is it easy for you to find yourself in a new group?’** on a scale of 1 to 5, where one means ‘very hard’ and five means ‘very easy’. 9 respondents found it very difficult to find themselves in a new group. 10 people rated the ease of finding oneself in the new group at 2. 13 people rated it at 3, and 10 people at 4. 19 people answered that finding oneself in the new group is very easy.

## Summary

Young people associated with the partner schools of the Evolution organization (pupils, employees) and young people associated with the organization (students) participated in the research, because we wanted to precisely define the needs of our target groups in terms of developing competences related to self-presentation, self-confidence and public speaking.

The research respondents gave diverse answers to the question 'How stressful is it for you to speak in front of a group?' There was a slight advantage here of people who believe that it is stressful.

The most respondents believe that speaking English is very stressful.

The respondents of the research gave diverse answers to the question 'Is it easy for you to formulate arguments in the discussion?' There is a slight advantage here of people who find it easy.

The respondents of the research gave diverse answers to the question 'Is it easy for you to present your own position in a group discussion?' There is a slight advantage here of people who find it easy.

The respondents of the research gave diverse answers to the question 'Is it easy for you to find yourself in the group?' There is an advantage here of people who believe that it is very easy.

Thanks to the information obtained in the research, the structure of the project 'Become EConfident', created by the HEureka Generator association, the Evolution organization and the Tavro Europa organization was prepared in a way that will enable involved youth and youth workers to develop competences related to self-presentation, self-confidence and public speaking. The emphasis here is on activities related to stress-free speaking in English. We will also use the participants' abilities related to the group process.