

Results of the needs analysis carried out as part of the preparation of the ‘Become ECONfident’ project created by the association HEureka Generator, the Lithuanian organization TAVO Europa and the Romanian organization Evolution under the Key Action 2 of the European Erasmus + program.

The research was aimed at examining the needs of the local community of the Lublin region.



The survey was conducted on May 4 - 14, 2021. 124 young people from Lublin region took part in it.

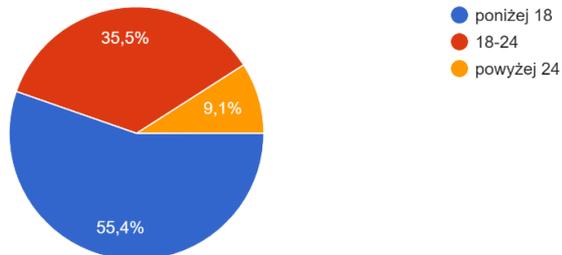
A questionnaire was used as the research method. The first part of the survey contains demographic information. The second part of the survey includes questions related to self-presentation, self-confidence and public speaking.



1. Demographic information

Wiek

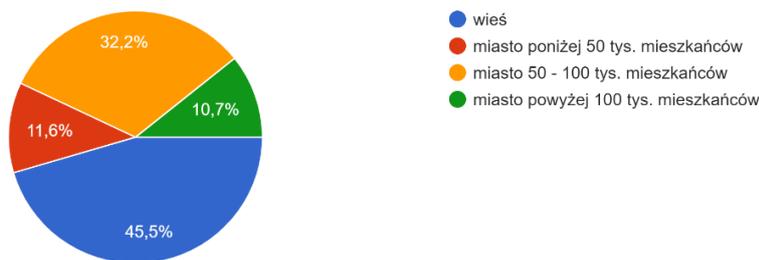
121 odpowiedzi



67 people under 18, 43 people between 18 and 24, and 11 people over 24 years old took part in the survey.

Miejsce zamieszkania

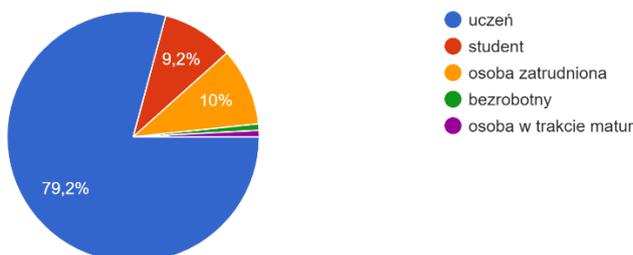
121 odpowiedzi



55 respondents indicated 'village' as their place of residence, 39 people indicated 'city, 50 - 100 thousand residents', 14 people indicated 'city, below 50 thousand residents', and 13 people 'city, over 100 thousand residents'.

Sytuacja zawodowa

120 odpowiedzi

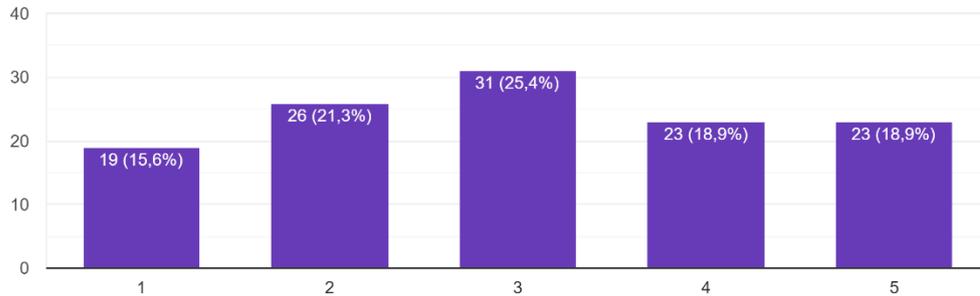


121 respondents answered the question about their professional situation. 95 of them are school students, 12 are employed and 11 are university students. There were also single responses, such as 'unemployed' and 'a person taking their final exams'.

2. Self-presentation, self-confidence and public speaking

Jak bardzo stresujące jest dla Ciebie wypowiedzanie się przed grupą?

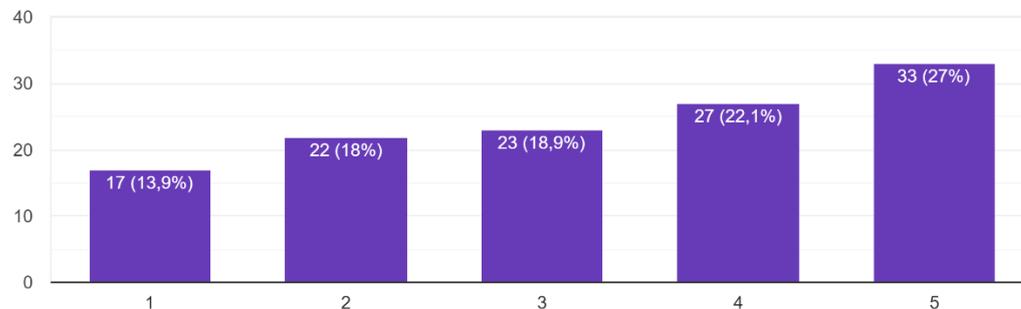
122 odpowiedzi



Respondents answered the question ‘**How stressful is it for you to speak in front of a group?**’ on a scale of 1 to 5, where one means ‘it is not stressful’ and five means ‘it is very stressful’. 19 respondents answered that speaking in front of the group is not stressful. 26 people rated the stress level at 2. 31 people rated the stress level at 3, and 23 people at 4. 23 people answered that speaking in front of a group is very stressful for them.

Jak bardzo stresujące jest dla Ciebie wypowiedzanie się w języku angielskim?

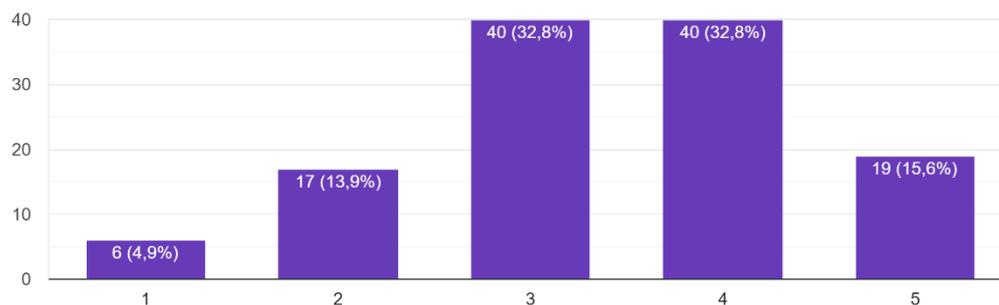
122 odpowiedzi



Respondents answered the question ‘**How stressful is it for you to speak in English?**’ on a scale of 1 to 5, where one means ‘it is not stressful’ and five means ‘it is very stressful’. 17 respondents answered that speaking in English was not stressful. 22 people rated the stress level at 2. 23 people rated the stress level at 3, and 27 people at 4. 33 people answered that speaking in English is very stressful for them.

Czy łatwo przychodzi Ci formułowanie argumentów w dyskusji?

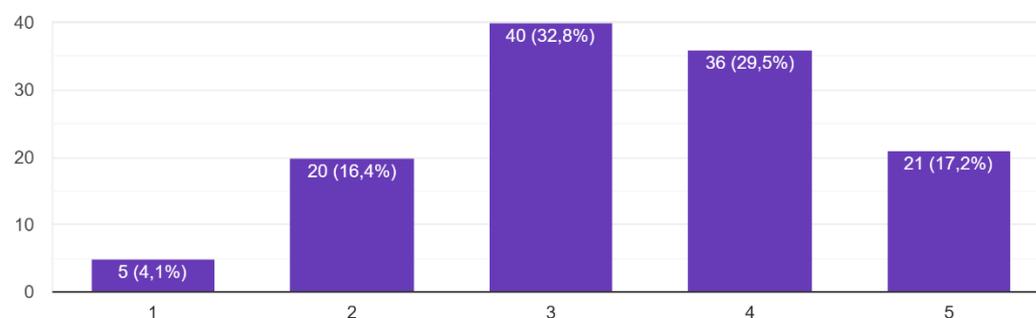
122 odpowiedzi



Respondents answered the question **‘Is it easy for you to formulate arguments in the discussion?’** on a scale of 1 to 5, where one means ‘very hard’ and five means ‘very easy’. 6 respondents found it very difficult to formulate arguments in the discussion. 17 people rated the ease of formulating arguments at 2. 40 people rated it at 3 and the same number of people at 4. 19 people answered that formulating arguments in the discussion was very easy.

Czy w trakcie dyskusji w grupie łatwo Ci przedstawić swoje stanowisko?

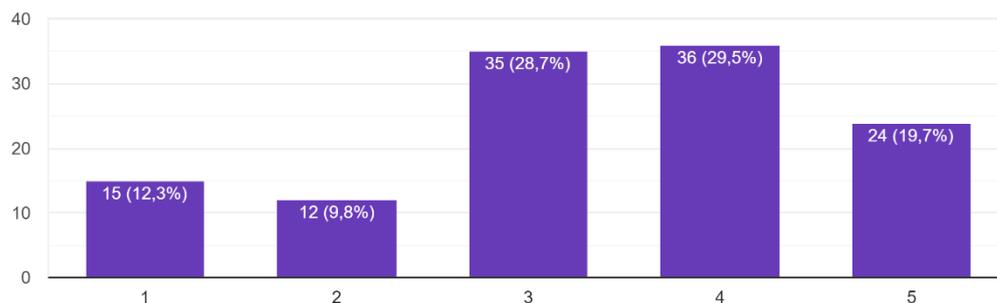
122 odpowiedzi



Respondents answered the question **‘Is it easy for you to present your position during group discussion?’** on a scale of 1 to 5, where one means ‘very hard’ and five means ‘very easy’. 5 respondents found it very difficult to present their position in the discussion. 20 people rated the ease of presenting their position at 2. 40 people rated it at 3, and 36 people at 4. 21 people replied that it is very easy to present their position during a group discussion.

Czy łatwo Ci się odnaleźć w nowej grupie?

122 odpowiedzi



Respondents answered the question **‘Is it easy for you to find yourself in a new group?’** on a scale of 1 to 5, where one means ‘very hard’ and five means ‘very easy’. 15 respondents found it very difficult to find themselves in a new group. 12 people rated the ease of finding oneself in the new group at 2. 35 people rated it at 3, and 36 people at 4. 24 people answered that finding oneself in the new group was very easy.

Summary

Young people associated with the partner schools of the HEureka Generator association and young volunteers of our organization participated in the research, because we wanted to precisely define what our target groups need to develop competences related to self-presentation, self-confidence and public speaking.

The research respondents gave very diverse answers to the question ‘How stressful is it for you to speak in front of a group?’

Most of the respondents find that it is stressful for them to speak English.

Most of the respondents believe that they can formulate arguments in a discussion, and it is easy for them to present their opinion during a group discussion.

Most of the research respondents are rather able to find themselves in a new group.

Thanks to the information obtained in the research, the structure of the project ‘Become EConfident’, created by the HEureka Generator association, the Evolution organization and the Tavo Europa organization was prepared in a way that will enable involved youth and youth workers to develop competences related to self-presentation, self-confidence and public speaking. The emphasis here will be on taking into account the diverse needs of the group, on workshops and exercises in English.